

# Menus for April 2025

## Bristol Jr./Sr. High School Lunch Menu

*This institution is an equal opportunity provider and employer.*



**Tuesday, April 1**

### **Taco Tuesday**

Soft Taco on WW Tortilla  
with LF Cheese, Lettuce,  
Tomato, and Sour Cream  
Brown Rice  
Golden Corn  
Cinnamon Churro  
100% Fruit Juice  
Milk Choice

### **Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

**Wednesday, April 2**

Meatball Parm Sandwich on  
Whole Wheat Roll  
Seasoned Green Beans  
Tossed Salad with  
Fresh Vegetables  
Assorted Fruit  
Milk Choice

### **Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

**Thursday, April 3**

WG Breaded Chicken Tenders  
WG Macaroni and Cheese  
Stewed Tomatoes  
Steamed Broccoli  
Assorted Fruit  
Milk Choice

### **Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

**Friday, April 4**

### **Early dismissal today!**

Turkey & Cheese Sandwich on  
Whole Wheat Roll  
Tossed Salad with  
Fresh Vegetables  
100% Fruit Juice  
Milk Choice

### **Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

**Monday, April 7**

Chicken Parm Sandwich OR  
WG Breaded Chicken Patty  
on Whole Wheat Bun  
Seasoned Carrot Coins  
Hash Brown Potato  
Assorted Fruit  
Milk Choice

### **Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

**Tuesday, April 8**

Seasoned Taco Meat over  
WG Nachos with Cheese  
Brown Rice  
Golden Corn  
Tossed Salad with  
Fresh Vegetables  
Assorted Fruit  
Milk Choice

### **Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

**Wednesday, April 9**

Beef Burger with Cheese on  
Whole Wheat Bun  
Pickle Spear  
Seasoned Baked Beans  
Crinkle Cut French Fries  
Tossed Salad with  
Fresh Vegetables  
100% Fruit Juice  
Milk Choice

### **Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

**Thursday, April 10**

Ham and Cheese on  
Whole Wheat Croissant  
Mixed Vegetables  
Fresh Carrots with Dip  
Assorted Fruit  
Milk Choice

### **Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

**Friday, April 11**

Whole Grain Cheese or  
Pepperoni Pizza  
Steamed Spinach  
Hash Brown Potato  
Assorted Fruit  
Milk Choice

### **Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

## Available Daily

- **Sunbutter & Jelly Sandwich on Whole Wheat Bread**
- **Whole Grain Cereal (2)**
- **Low Fat String Cheese**
- **Low Fat Yogurt**
- **Tossed Salad & Carrots**

**Fruit May Include:** Applesauce,  
Peaches, Pears, Mandarin  
Oranges, Pineapples, Mixed  
Fruit, Oranges, Bananas,  
Apples, Strawberries

**Juice May Include:** Apple,  
Orange, Grape, Fruit Punch

**Milk Choice:** FF Chocolate,  
FF White, 1% White



**PLEASE  
STAY  
ALERT!**

**THE FIRST OF APRIL IS  
APRIL FOOLS DAY!  
DON'T BE FOOLED!**

**PLEASE SEE THE OTHER  
PAGE FOR A LIST OF THE  
GREATEST APRIL FOOLS  
TRICKS OF ALL TIME!**



## NUTRITION TO GO

As a rule, Americans don't eat enough beans! Beans are the best plant source of protein and contain little of the fat and cholesterol that accompany the protein in meat. Beans also provide more fiber than almost any other plant food and nearly as much calcium as milk. Plus, beans' slow release of glucose makes them a superfood for people with diabetes.

**A QUICK BITE FOR PARENTS**

## Word of the Month

de·pend·a·ble

adj. 1. Worthy of trust;  
reliable 2. steadfast;  
responsible; faithful  
3. capable of being  
counted on

**Monday, April 14**

Scrambled Eggs with Bacon  
WG French Toast Sticks  
Oven Baked Tater Tots  
Assorted Fruit  
Milk Choice

**Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

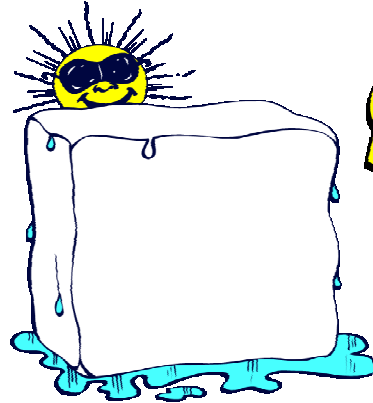
**Tuesday, April 15**

Seasoned Taco Meat over  
WG Nachos with Cheese  
Golden Corn  
Assorted Fruit  
Milk Choice

**Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

# Watch the winter melt away!



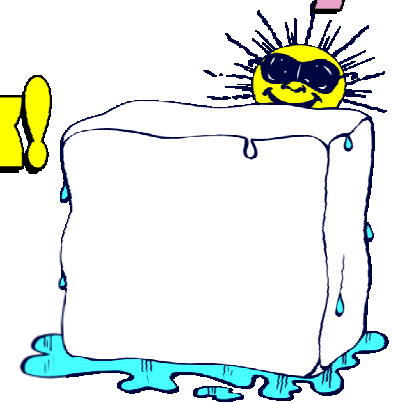
## Spring Break!

**Last Day of Classes:**

**Tuesday, April 15th**

**Classes resume:**

**Tuesday, April 22nd**



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provide  
**FREE AND  
REDUCED-  
PRICE  
MEALS**

for all students who  
qualify. It's simple to  
apply and we accept  
applications all year.  
To get started, log on to:  
[www.schoolcafe.com](http://www.schoolcafe.com)

**Tuesday, April 22**

WG Breaded Fish Sticks with  
Cocktail and Tartar Sauce  
Doritos  
WG Buttered Noodles  
Carrot Coins  
100% Fruit Juice  
Milk Choice

**Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

**Wednesday, April 23**

Chopped Cheese Burger  
on Whole Wheat Roll  
Pickles  
Seasoned Baked Beans  
Oven Baked French Fries  
Tossed Salad with  
Fresh Vegetables  
Assorted Fruit  
Milk Choice

**Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

**Thursday, April 24**

Whole Grain Rotini in  
Sauce with Meatballs  
Whole Grain Garlic Bread  
Seasoned Green Beans  
Assorted Fruit  
Milk Choice

**Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

**Friday, April 25**

WG Max Cheese Sticks  
with Dipping Sauce  
Oven Baked Potato Wedges  
Tossed Salad with  
Fresh Vegetables  
100% Fruit Juice  
Milk Choice

**Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

**Monday, April 28**

WG Popcorn Chicken OR  
Corn Dog Nuggets  
Seasoned Baked Beans  
Mashed Potatoes with Gravy  
Assorted Fruit  
Milk Choice

**Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

**Tuesday, April 29**

Seasoned Taco Meat over  
WG Nachos with Cheese  
Golden Corn  
Assorted Fruit  
Milk Choice

**Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)

**Wednesday, April 30**

Grilled Cheese Sandwich on  
Whole Wheat Bread  
Goldfish Crackers  
Tomato Soup  
Oven Baked Tater Tots  
100% Fruit Juice  
Milk Choice

**Alternate Meal:**

Assorted Cereal (2) with LF  
String Cheese or Yogurt  
(Choose Fruit & Vegetable)



**THE  
COUNTDOWN!**  
???

**HOW MANY DAYS UNTIL THE  
END OF THE SCHOOL YEAR?**

## DON'T 4GET!

**To make a lunch,  
choose at least one**



**or**



**and 3-5  
items  
total**

**Bristol Borough School District  
Cafeteria Services**