

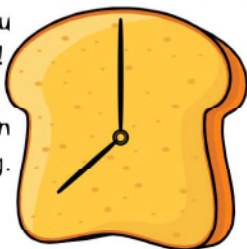
# Menus for APRIL 2025

Snyder-Girotti  
Elementary School  
Breakfast Menu



## OFF THE CLOCK.

A clock can't always tell you when it's time for breakfast! Eat at home, before you start your day. Or eat when you get where you're going. Or eat something mid-morning. Research even suggests kids learn and feel better when they eat TWO smaller healthy breakfasts.

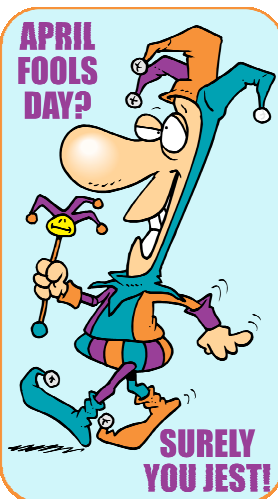


## TIME TO BLOSSOM.

The flowers are coming out of hiding – and so should you! That resolution to exercise more that seemed so hard in the cold light of January is much more do-able as the weather warms!

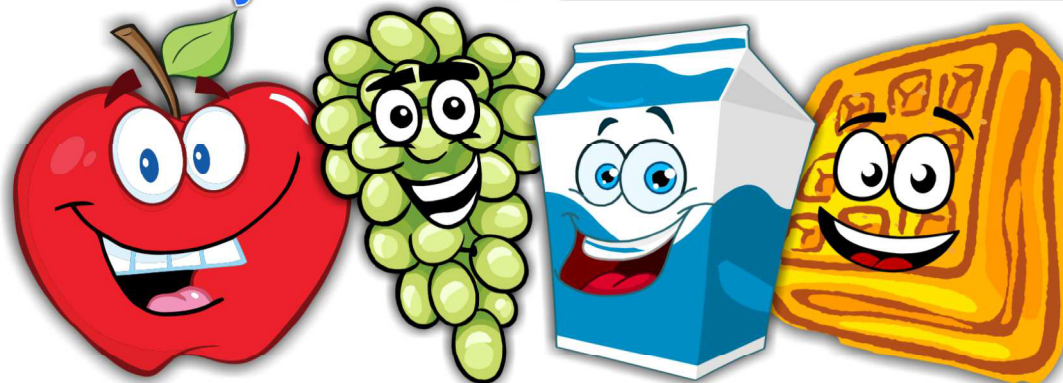


EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**



Tuesday, April 1	Wednesday, April 2	Thursday, April 3	Friday, April 4
Whole Grain Assorted Breakfast Bread with Low Fat Yogurt	Whole Grain Breakfast Pizza Bagel with Sausage	Bacon, Egg, and Cheese Sandwich on WW Bun	<i>Early dismissal today!</i> Whole Grain Pancakes
<b><u>Add To Any Meal:</u></b> Low Fat String Cheese Low Fat Yogurt Assorted Chilled Fruit Cup Assorted Fresh Fruit Assorted 100% Fruit Juice	<b><u>Add To Any Meal:</u></b> Low Fat String Cheese Low Fat Yogurt Assorted Chilled Fruit Cup Assorted Fresh Fruit Assorted 100% Fruit Juice	<b><u>Add To Any Meal:</u></b> Low Fat String Cheese Low Fat Yogurt Assorted Chilled Fruit Cup Assorted Fresh Fruit Assorted 100% Fruit Juice	<b><u>Add To Any Meal:</u></b> Low Fat String Cheese Low Fat Yogurt Assorted Chilled Fruit Cup Assorted Fresh Fruit Assorted 100% Fruit Juice
Tuesday, April 8	Wednesday, April 9	Thursday, April 10	Friday, April 11
Whole Grain Dutch Waffle with Low Fat String Cheese	Sausage, Egg, and Cheese Sandwich on WW Bun	Whole Grain Pancake and Sausage on a Stick	Whole Grain Assorted Muffin with Low Fat Yogurt
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come join us for **Breakfast@School**



**Monday, April 14**

Bacon, Egg, and Cheese  
Sandwich on WW Bun

**Add To Any Meal:**

Low Fat String Cheese  
Low Fat Yogurt  
Assorted Chilled Fruit Cup  
Assorted Fresh Fruit  
Assorted 100% Fruit Juice

**Tuesday, April 15**

Whole Grain Cinnamon Roll  
with Low Fat String Cheese

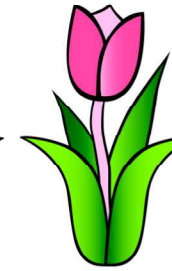
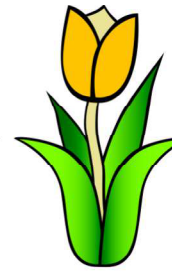
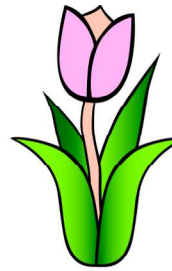
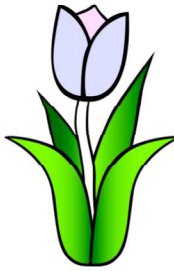
**Add To Any Meal:**

Low Fat String Cheese  
Low Fat Yogurt  
Assorted Chilled Fruit Cup  
Assorted Fresh Fruit  
Assorted 100% Fruit Juice

**BREAKFAST  
IS  
FREE  
FOR  
ALL STUDENTS  
EVERY SCHOOL DAY.**

**(Just thought  
we'd remind you.)**

**SPRING**



**BREAK**

**Last Day of Classes:  
Tuesday, April 15**

**Classes resume:  
Tuesday, April 22**

**I am the letter**

**Y**



**yawn**

**Tuesday, April 22**

Oatmeal: Apple Cinnamon  
OR Maple and Brown Sugar  
with Low Fat Yogurt

**Add To Any Meal:**

Low Fat String Cheese  
Low Fat Yogurt  
Assorted Chilled Fruit Cup  
Assorted Fresh Fruit  
Assorted 100% Fruit Juice

**Wednesday, April 23**

Bacon, Egg, and Cheese  
Sandwich on WW Bun

**Add To Any Meal:**

Low Fat String Cheese  
Low Fat Yogurt  
Assorted Chilled Fruit Cup  
Assorted Fresh Fruit  
Assorted 100% Fruit Juice

**Thursday, April 24**

Whole Grain Waffles

**Add To Any Meal:**

Low Fat String Cheese  
Low Fat Yogurt  
Assorted Chilled Fruit Cup  
Assorted Fresh Fruit  
Assorted 100% Fruit Juice

**Friday, April 25**

**Early dismissal today!**

Sausage, Egg, and Cheese  
Sandwich on WW Bun

**Add To Any Meal:**

Low Fat String Cheese  
Low Fat Yogurt  
Assorted Chilled Fruit Cup  
Assorted Fresh Fruit  
Assorted 100% Fruit Juice



**THE  
COUNTDOWN!  
??**

**HOW MANY DAYS UNTIL THE  
END OF THE SCHOOL YEAR?**

**Monday, April 28**

Whole Grain Apple Strudel

**Add To Any Meal:**

Low Fat String Cheese  
Low Fat Yogurt  
Assorted Chilled Fruit Cup  
Assorted Fresh Fruit  
Assorted 100% Fruit Juice

**Tuesday, April 29**

Bacon, Egg, and Cheese  
Sandwich on WW Bun

**Add To Any Meal:**

Low Fat String Cheese  
Low Fat Yogurt  
Assorted Chilled Fruit Cup  
Assorted Fresh Fruit  
Assorted 100% Fruit Juice

**Wednesday, April 30**

Whole Grain Pancakes

**Add To Any Meal:**

Low Fat String Cheese  
Low Fat Yogurt  
Assorted Chilled Fruit Cup  
Assorted Fresh Fruit  
Assorted 100% Fruit Juice

**Happy  
Earth  
Day  
To  
You!**



**April 22 is  
the "birthday"  
of Earth Day.  
The first was  
held in 1970!**

**Word  
of the  
Month**

de·pend·a·ble

adj. 1. Worthy of trust;  
reliable 2. steadfast;  
responsible; faithful  
3. capable of being  
counted on