

Virtual Workshops for Parents!

The Academic Oversight Committee in association with The Bucks County IU and The Bristol Borough School Community is hosting an All Our Children Program Series Featuring Three Virtual Parent Workshops in April and May 2021

Session Title: "Supporting Your Student's Emotional Wellness"

<u>Session Description</u>: This session will focus on helping your children to deal with BIG emotions.
<u>Date</u>: Thursday, April 15, 2021
<u>Time</u>: 7pm until 8pm
<u>Presenter</u>: Kendy Schiffert, Bucks IU Program Coordinator

Session Title: "Bullying Prevention: Homes and Schools Working Together"

Session Description: This session will focus on current research regarding bullying prevention. Come and learn about the terminology, reasons why students bully, and how it relates to adolescent brain development. Most importantly, you will learn what research says YOU can do to support your child and school in creating a safe and learning environment for all students.

<u>Date:</u> Wednesday, April 21, 2021 <u>Time:</u> 7pm until 8pm <u>Presenter:</u> Presenter: Ron Rolon, Bucks IU Program Coordinator

Session Title: "Dealing with Anxiety and GRIT for Children and Teens"

<u>Session Description</u>: This engaging and entertaining session will explore easy to use techniques and powerful words you can use with your child and /or teen to help manage anxiety. Leave with tools and samples you can use immediately to support your child and help them grow and develop into emotionally healthy young adults.

Date: Tuesday, May 4, 2021

Time: 7pm until 8pm

Presenter: Kelly Lambert, Kelly Lambert Special Services LLC., former Special Education Teacher and Director of Special Education (35 years)

Click here to register for one, two or all three virtual workshops!



