



We Know BETter is an evidence-based program that will help students in 4th and 5th grade live lives free of alcohol, tobacco, other drugs and gambling.

Who: 4th and 5th grade students

What: We Know BETter Activities



- Media’s influence on decision making
- Perception of peer use and engagement in risky behaviors
- Understanding that gambling is a risky behavior
- Effective decision making
- Developing resiliency
- Stepping up for others
- Refusal skills
- Compassion for others



When: Tuesdays 4:30-5:30pm
May 11th-June 15th (6 sessions)

Where: Virtual via Zoom